



**Guidebook to a Happier and Easier Life in
Guiyang City, China
And
Guiyang Concord College of Sino-Canada
(GCCSC)**

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Intro

Dear Canadian (Foreign Staff)

We here at GCCSC would like to welcome you to Guiyang City and GCCSC, hoping that your stay here will be comfortable and memorable.

GCCSC has put together a small guidebook to help you with your everyday activities and interests, as well as an introduction into China, Guiyang, its culture and habits.

Moving to a new country can be daunting, so we will do our best to make sure that you can settle in as smooth as possible.

On top of this, our local staff at GCCSC is more than happy to assist you in any way they can.

Below you can find contact information for Jason who works in School Foreign Affairs Dept. for service.

Harry Zhang Yue Mobile: 18903155337

Lionel Liu Wenming Mobile: 15608501866

Mr. Li Zheng Wei (Admin. Director) Mobile: 13510083344 (only speaks Chinese)

Mr. Alfred Pang (Executive Director) Mobile: 13510344300

School Information

Guiyang Concord College of Sino-Canada was established in September, 2012 under the partnership between the Canadian New Brunswick government . It is a compulsory education system with the twelve-year education school and also a real international school with special western teaching methods in Guizhou Province. Guiyang Concord College of Sino- Canada combines Chinese education and Canadian education, set up characteristic international classes. We have primary,

middle school and senior school students. More than 700 students are currently in our school, and next semester in September we will have more than 1,000 students.

We have a powerful teaching team for more than 100 teachers in the school which consist of talent and enthusiastic young people. As Chinese teachers, 80% are from the north of China where elementary education has led China for years and the administrative staff are mostly local which offers us a overwhelming strength to our kids and staff. We bring the advanced western education methods here, pay attention to our every kids. After 3 years hard working, we have won ourselves a good reputation. This make us keep forwarding. Some pictures are shown below:





Guiyang Concord College of Sino-Canada

贵阳市观山湖区中加国际学校

Address: 贵州省 贵阳市 观山湖区 金珠西路 新世界花园内

Gui Zhou Sheng Gui Yang Shi Guanshanhu Qu ,Jin Zhu Xi Lu Xin Shi Jie, Hua Yuan

Website: <http://www.giccsc.com/> Phone number : 0851—2218065

Your Home

This is our “United Nations” in Guiyang City, we share mind with each other at here, we help each other to know more about this city, we also like to share our students’ results together, just because we pay more effort for these students and they really love us too.

And the seasons/temperature/local people’s character and living experience are very nice. You will have a different experience here. So, welcome to our apartment in Guiyang, we can’t wait to share with you, guys.

Apartments of our foreign Teachers



The list of apartments’ items:

- Washing Machine 洗衣机 xi yi ji
- Water cooler 饮水机 yin shui ji
- Kettle 水壶 shui hu
- Microwave 微波炉 wei bo lu
- Toaster 面包机 mian bao ji
- Bed 床 chuang

- Internet/WiFi 网络 **wang luo**
- TV 电视机 **dian shi ji**
- AC 空调 **kong tiao**
- Heater 电暖器 **dian nuan qi**
- Fridge 冰箱 **bing xiang**
- Small electric cooking burner 小电饭煲 **xiao dian fan bao**
- Cooking counter and storage area 操作台和储物柜 **cao zuo tai/chu wu gui**
- Bed/ small bed tables/sofa/closets/dresser 床、床头柜、沙发、衣柜
chuang/chuang tou gui/sha fa/yi gui

Brief Introduction of Guiyang City

Guiyang:



GCCSC's Location: GCCSC is located between two areas (that belong to Guiyang City) called

Guanshanhu 观山湖(Literal translation Guanshan lake) and Bai Yun 白云(White cloud)and is based 25-30 minutes drive from downtown Guiyang.

Jin Yang is the main developing area and most of the buildings are new,(10 min taxi ride)Shi Ji Cheng (世纪城) is a massive new complex area with KFC and Pizza Hut close to it ,also offering a cinema (make sure to check if the movies are in English(some are dubbed) ,a large KTV (karaoke). In the same area there are a couple of bars & club.

Nightlife in Jin Yang is not as lively as in downtown Guiyang, but never the less a good way of relaxing without having to travel into the city.

Bai Yun (白云) is the other area where you can also find a KFC (肯德基 Ken De Ji) and a shopping centre, also food shopping is available for most things at He Li Store(合力超市), although foreign articles : Bread, cheese, bread, ham, salami, etc. are not to be found.

For these things **Wal-Mart** close to our school will be a good option. (Details will follow)

Transport

Going to Guiyang City:

There are several different ways of getting into town, the easiest being a taxi ride of 25 minutes at the cost of 35-40 RMB, depending on where in the city you wish to go.

Don't be surprised if the taxi picks up random people along the way, normally happens during rush hour (when going to work and getting off work).It is not unsafe ,but if you feel uncomfortable with it you can say (**qing bu yao dai shang qi ta ren**,请不要带上其他人)

Local drivers are very friendly and will be very willing to strike off a chat, although it will all be in Chinese (sometimes even in the local dialect) so be prepared for a lot of

我听不懂 (I don't understand) **Wo ting bu dong** .

If you are not in a chatty mood, best way of avoiding it is saying nothing and giving them the sheep stare.

Another one is taking a bus from Jin Gang Hotel (金港酒店), located a 10 minute walk from the school. Bus numbers for City Centre are (29#/60#/237#)

They are very reasonably priced between 1 and 3 RMB but take about an hour to get into town, so if you are in a hurry or looking to save time, you might want to get a taxi.

Recommendation is taxi as the buses are often overcrowded and it takes much longer. But if you are looking for a little adventure buses could be funny.(You will get stared at)

Restaurants

Western “cuisine”:

There are not so many places to find western cuisine, but don't panic as we have done some serious research on this matter, and provided you with the ones we feel could be of good use.

There are many chain “western” cuisines restaurants that are owned and run by Chinese, so the food is not a 100% authentic but decent in my personal opinion.

On the next page you can find the Chinese-western cuisine restaurants, provide the taxi drivers with the address and it should not be a problem to find it

Also standard fast food restaurants are to be found (excluding McDonalds).

Having said that, Chinese KFC, Pizza Hut are not the same as other countries as it is tailored for the Chinese, but still has some of the original flavors and choices.



贵阳新世界酒店 (Guiyang New World Hotel)

Address: 贵阳市观山湖区新世界花园

New Word Garden, Guan Shanhu District



KFC:

肯德基(世纪金源广场店) Guanshanhu Area

近郊观山湖区金源购物中心(近苏宁电器)

Guan shan hu Qu Jing Yuan Gou Wu Zhong Xin (Jin Su Ning Dian Qi)

肯德基(喷水池店) Yun Yan Area

云岩区中华北路 168 号贵阳饭店 2 楼

Yun Yan Qu Zhong Hua Bei Lu 168 Hao Gui Yang Fan Dian 2 Lou

Opening times: 24 hours



Pizza Hut:

必胜客 (金源购物中心店) Guanshanhu Area

近郊观山湖区金源购物中心 Literally a 2 min walk from the big shopping center, when exiting KFC ,go to the main road and go left, it should be on your left side .Pizza Hut is quite popular and you might have to queue, especially on weekends and during lunchtime, dinner times. (12.00/18.00 Chinese lunch/dinner times), most Chinese people are very regular with their meals.

Opening times: 10.00-22.00



Highlands Coffee (only foreign run place in town): Guiyang City

With highly rated coffee, cheesecakes and Paninis, it's a life saver for foreigners craving non-Chinese cuisine, highly rated on a lot of websites, nice seating area and English speaking staff, also the owner is American and is very familiar with the local area and could be of great assistance. Possibly a little hard to find at first.

Opening times: Monday to Sat. 10.00 - 23.00, Sundays 15.00-23.00

高原咖啡

博爱路六洞街1号 Bo Ai Lu Liu Dong Jie 1 Hao

0851-5826222

www.highlands-coffee.com

Other “western” places:



铭都酒店中西餐厅 Gui Yang City

云岩区中华北路 21 号

Yun yan qu zhong huabei lu 21 hao

(0851)8658888



丽苑西餐厅 Gui Yang City
云岩区瑞金北路 115 号 丽豪大饭店 1 楼
Yun yan qu rui jin bei lu 115 hao li du hao da fan dian 1 lou
(0851)6521888, (0851)6616115



祖母的厨房 Guanshanhu Area
观山湖区世纪金源广场国贸一楼
Guan shan hu qu shi ji jin yuan guang chang guo mao 1 lou
喷水池南国花锦负一楼
Pen Shuichi Flora Plaza Fu yi lou



咖啡陪你 Café Bene

观山湖区世纪金源广场国贸一楼对面

Guan shan hu qu shi ji jin yuan guang chang guo mao 1 lou dui mian

伊美纽西兰西餐厅 Gui Yang City

云岩区瑞金北路 157 号

Yun yan qu rui jin bei lu 157 hao

(0851)6512086

亲水湾咖啡西餐 Gui Yang City

市南路 40 号

Shi nan lu 40 hao

(0851)5533733

柏顿西餐厅 Gui Yang City

云岩区延安东路 18 号

Yun yan qu yan an dong lu 18 hao

(0851)5827888

维迪娅 Gui Yang City

云岩区宝山北路

Yun yan qu bao shan bei lu

Local cuisine:

As expected Chinese cuisine is everywhere to be found, the shopping center (金源购物中心 TP-Mall) in Guanshanhu (观山湖) is filled with different types of restaurants and is definitely a place to check out, most restaurants here have pictures so ordering should not be a problem. The local cuisine is famous for its spicy food !

Bai Yun(白云) also provides a great selection in the local cuisine and is not far from the school, but ordering food could be a challenge as most places don't have picture menus. Dinner for 4 people is in the region of 70-150 RMB (excluding alcohol). Make sure to state that you cannot eat spicy food at all if that is the case: 我不能吃辣的, **wo bu neng chi la de** or 一点点辣椒也不要 **yi dian dian la jiao ye bu yao!** Meaning I can't eat spicy food or don't put any spices at all.

For further details as to which one is the best, asking a member of the staff at school would be your best option.

Street Food & Midnight Snacks:

China is known for its street food and Guiyang is no exception, below you will find two street, where the street food, midnight snack and barbecue places flourish!

It is reasonably priced and quite tasty.

南明区二七路 Nan Ming Qu Er Qi Lu

云岩区陕西路 Yun Yan Qu Shan Xi Lu

Nightlife

Bars and Clubs:

Most bars in Guiyang and most places in China ,except with large expat community are slightly different than in western countries, buying one bottle of beer or a one drink can be a bit of a hassle as most bars operate with the (minimum spending fee). Unless there is an actual bar (counter) you might be asked to spend a minimum and you will be assigned to a table, the amount depends on the size of the table and the nature of the place, although foreigners might get away with it, as negotiations can be done. There are also a number of bars where they offer German beer and have live music.

Chinese people are very friendly and will make you feel very welcome and are always up for a chat!



Paulaner(普拉那啤酒坊) This is a real Beer Bar in Guiyang, it attracted lots of foreigners. Here, you can not only have western food, but also have German beer.

Adress: 南明区文昌南路203号 Nan Ming District, Wen Chang South Road, 203(On the 6th floor of Kempinski Hotel.)

South Park (南方公园 nan fang gong yuan): This is currently the main hangout for the English teaching community and English-speaking local residents. The staff speak excellent English. Local beer starts at ¥5 per bottle and imports start at ¥40. South Park is fairly laid back and unpretentious. Newcomers are always welcomed into the community.

Although there are hundreds of bars in the city (many of them hidden away in large buildings) the main concentration is on Qianling dong lu (黔灵东路).

Muse (no Chinese name for it) this is the current dance club, and on weekends this is a pretty bumping place. Most taxi drivers know this place.

Address : 南明区文昌南路 Nan Ming District, Wen Chang South Road, 203(Next to Kempinski Hotel.)

Live Music Bar:

Puba (does exactly what it says on the tin) This is a pub with decent beer and live music, its a relaxed atmosphere and there is also outside seating with sofas.

善吧, 恒丰步行街

Other “untested” bars

莉莉莲酒吧*

地址：红边门农贸市场正对面

hong bian men nong mao shi chang zheng dui mian

夜•桌游酒吧*

地址：小十字东山东路 32 号银座酒店 9 楼 4 号

Xiao shi zi dong shan dong lu 32 hao ying zuo jiu dian 9 lou 4 hao

18 度酒吧*

地址：合群路清真街内 2 楼

He qun lu qing zhen jie nei 2 lou

古格酒吧*

地址：中华中路泰联大厦 A 座 14 楼 3 号

Zhong hua zhong lu tai lian da sha A zuo 14 lou 3 hao

熙区 LIVE SHOW*

地址：中山西路恒峰步行街 1 楼(近西南电脑城)

Zhong shan xi lu heng feng bu xing jie 1 lou(jing xi nan dian nao cheng)

老亨利酒吧(醒狮路店)*

地址：醒狮路 36 号

Xing shi lu 36 hao

维多利亚酒吧*

地址：毓秀路 21 号(近城市管理局)

Min xiu lu 21 hao(jing cheng shi guan li ju)

难忘今宵音乐酒吧*

地址：浦江路

Pu jiang lu

莲花私人跳舞会*

地址：黔灵西路 25 号

Qian ling xi lu 25 hao

* All in Guiyang City

Attractions

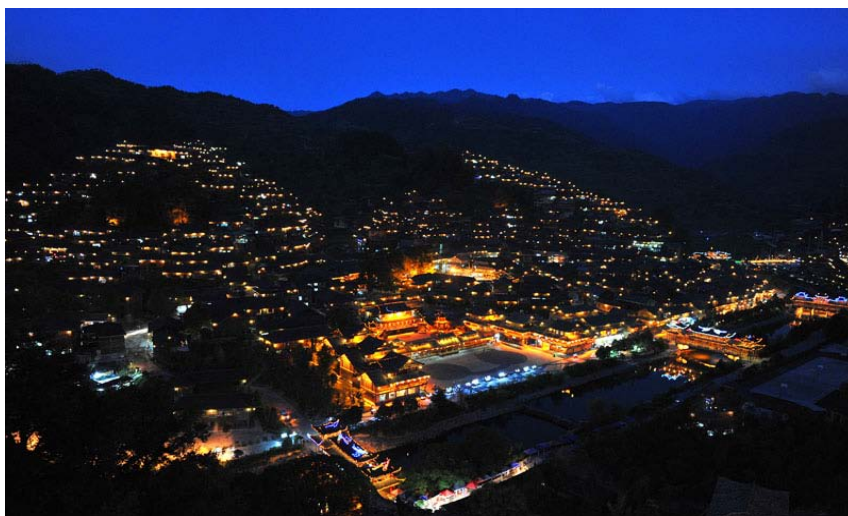
- ✓ **Qianling Park (黔灵公园)** This large city park is well worth an afternoon. Sample local food and crafts from vendors, see curious and very brave wild monkeys (accustomed to people), as well as take in the view from the hilltops near Hongfu Temple. Qianling Park also includes a zoo and small amusement park as well as tea gardens



- ✓ **Longgong Cave (龙宫)** - As the national scenic spot, the cave is located in Matou Township, 130 kilometers from Guiyang. Longgong refers to over 90 karst caves linked up like a chain of beads that run through 20 hilltops. Within these 4,000-metre-long caves there are also underground karst lakes. Tourists can enter Longgong Caves at Tianchi (Heavenly Pool) by taking a small boat. Highly recommended by the local community.



- ✓ **Xijiang** (西江) Ethnic Minority (Miao) village which is about an hour and a half journey from Kaili (凯里) . There is beautiful rice terraces on which you can stroll and climb. All the way to a breathtaking panorama of the surrounding paddy fields. Jump across huge drains, admire the rich variety of wild flowers, and take in the smell of cow dung and fertilizer along the way. There will also be daily performances, centered on wedding rituals, conducted in the morning and evening (5pm) which are free to watch. You do have to pay an entrance fee to get into the village though. Stay overnight at one of the hotels on the hill,(although the standard is not very high) so that you can open your windows to a vista of fog-shrouded houses on the hills opposite you stretching into the distance.



- ✓ **Jiabang terrace (加榜梯田)** Terraces are step-like landforms that are formed in various ways. They are natural wonders as well as tourist destinations. Guizhou Province is a good place to experience ethnic cultures and customs; there are many ethnic villages in Kaili and Southeast Guizhou. There are five rice terrace areas in Guizhou, and the most famous one is the Jiabang Rice Terraces in Southeast Guizhou. In Jiabang, the picturesque natural scenery of rice terraces is combined with the peaceful and unique wooden Miao houses. The Jiabang Rice Terraces were cut from the hill terrain in, with hundreds of layers. You can appreciate mirror-like terraces in spring, verdant terraces in summer, and gold terraces in autumn. The wet weather gifts Jiabang Rice Terraces mysterious scenery with cloud and mist almost every early morning.



- ✓ **Wanfenglin (万峰林)** Wanfenglin, or Forest of Ten Thousand Peaks in Xingyi City takes up an area of 2,000 square kilometers, about two thirds the size of Xingyi City. It is ranked by the China Geography Magazine as one of the six most beautiful peak forests in China.



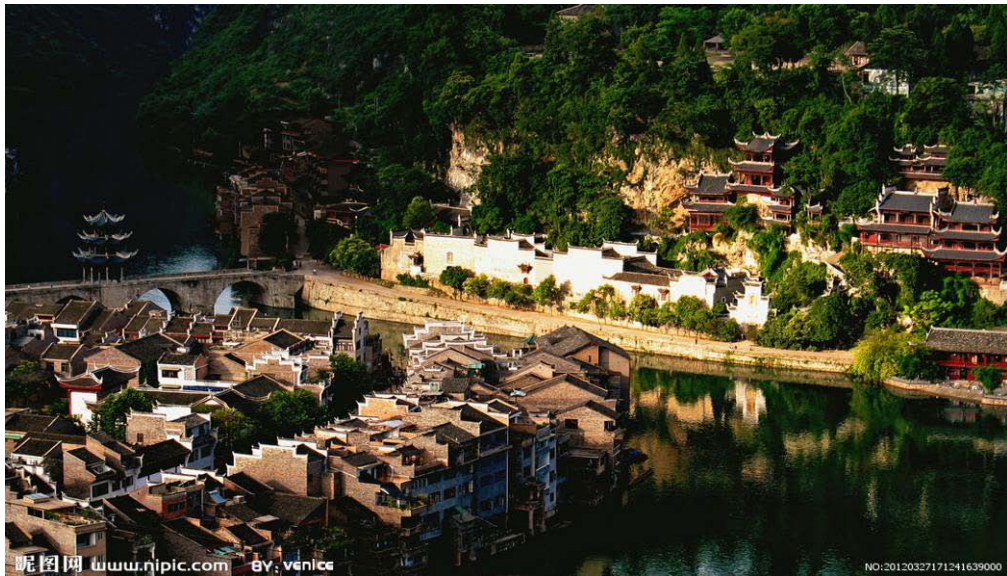
- ✓ **Libo small hole (荔波小七孔)** Libo Zhangjiang Scenic Spot is located in Libo county, southern Guizhou, covering an area of about 273 square kilometers. Dubbed a "green gem", this national scenic area features wild karst forests interwoven with beautiful waterscapes and striking valleys and mountains. The area, together with Maolan National Nature Reserve -- an amazingly beautiful karst forest rarely seen in subtropical zones along the same latitude -- was named a UNESCO World Natural Heritage Site in 2007 for its fine karst scenery. The scenic area mainly consists of Xiaoqikong (Small Seven-Hole Bridge) Scenic Zone, Daqikong (Large Seven-Hole Bridge) Scenic Zone, Shuichun River Scenic Area and Zhangjiang River Scenic Area. The former two, dubbed "Little Jiu zhai gou", feature a wide array of waterfalls, streams, lakes, forests and caves. Of all the attractions, the 12-kilometer-long Xiaoqikong Scenic Zone stands out as the most popular, highly reputed as a miniature garden. Visitors can marvel at the spectacular sights of the ancient stone bridge where the attraction got its name. Other attractions include Laya Waterfall, Guibei Mountain, Yuanyang Lake and the water forest. The water forest provides great views of bizarre plants growing in water.



- ✓ **Mount Fanjing (梵净山)** Mount Fanjing (or Fanjingshan), located in Guizhou province, is the highest peak in the Wuling Mountain range, at an altitude of 2,572 m (8,438 ft.). The Mount Fanjing National Nature Reserve was established in 1978 and designated a UNESCO Biosphere Reserve in 1986. It covers a total area of 567 km² (219 sq. mi) and is a conservation area for primitive vegetation of the mid sub-tropic alpine region of western China. The rare Guizhou (or Grey) snub-nosed (or golden) monkey occurs only in a small region centering on Mount Fanjing. Mount Fanjing also has the status of a sacred Buddhist mountain.



- ✓ **Zhenyuan Panorama (镇远古城)** Zhenyuan in eastern Guizhou Province Plateau Wuling Mountains Mountains of the mountains. It has 2,000 years of history of the ancient city is located in the Guizhou thoroughfare, rich tourism resources, the many cultural monuments, beautiful natural scenery. There remains only the ancient city of Zhenyuan House, House, Temple, Yu, museum and other ancient buildings of more than 50 seats, 33 ancient houses, ancient pier 12, the ancient roadway 8, ancient post 5. Including national key cultural relics protection units a provincial key units 7.



- ✓ **Foguangyan (佛光岩)** Foguangyan Scenic Spot is the important part of Chishui national scenic spot, is one of the core area of Chishui Danxia. It is away from Chishui city 44km, away from Yuanhou 8km, from BinAn towm 30 km. There is simple and ancient scenic environment. The most typical landform is Danxia. It has the good reputations of "the First Garden of Danxia", "Chishui's Unique". Three sides of Scenic connected to Jinsha Cyathea national nature conservation area. It has great difference in altitude, which between 500m to 1300m. Mountains are higher than 1200m. The scenic spot known as "Danxia cliffs, the world wonders" Foguangyan and the "created by nature" Wuzhufeng as its main attractions. Foguangyan is annular danxia cliff, 300 meters high, and more than 1000 meters wide, like a giant hieroglyphics spread out in clouds. Under the Sunshine, cliffs bright as rosy cloud, a hanging waterfalls fall from the cliff, dispersed water fog

like smoke to give the Cliffs inspired vitality, forming a giant word "fo". Chibi connected with Wuzhufeng consists of five towers of danxia mountain peaks, and Peculiar shape. It is masterpiece of the nature. There are numerous ferns and green vines, against the red cliffs. Foguangyan Scenic Spot is praised as "the best development Danxia landform in Chishui, the most homogeneous, one of the most typical area" by Professor HuangJin in Sun Yat-Sen.



- ✓ **Huangguoshu Waterfalls (黄果树瀑布)** The huangguoshu waterfalls scenic area locates in Anshun city, 128km from Guiyang. It has won itself as the biggest waterfall group of Guinness Record. Also it is the biggest waterfall in China.



Leisure Time Activities

Swimming pools:

蓝黛游泳馆 Jin Yang Area

贵阳市观山湖区金阳南路，世纪金源大饭店负一楼

Jin yang nan lu ,shi ji jin yuan da fan dian fu yi lou

金阳游泳馆 Jin Yang Area

地址:观山湖区金阳大道(近金阳一中)

Guanshanhu qu jin yang da dao (jing jin yang yi zhong)

吉奥康体休闲中心游泳馆

地址:云岩区金仓路

Yun yan qu jin cang lu

黔贵游泳管 Gui Yang City

地址:南明区花果园狮峰路 10 号 5666893

Nan min qu hua guo yuan shi feng lu 10 hao

贵州体育馆北京路游泳中心

地址:云岩区北京路 66 号

Yun yan qu bei jing lu 66 hao

Gym and Sport Centers:

毅力健身俱乐部 (Recommended Gym)

地址:云岩区沙河街 4 号附 3 号 6860441

Yun yan qu sha he jie 4 hao fu 3 hao

鹏程跆拳道俱乐部 (Boxing Club)

地址:云岩区宝山北路水晶宫游泳馆 4 楼 6455111

Yun yan qu bao shan bei lu shui jing gong you yong guan 4 lou

Shopping

Food:

Wal-Mart Guanshanhu District

Located in the center of Guanshanhu District is your best choice for any type of foreign food or items. There are other Wal-Mart's around the city but for convenience and transport this should be the easiest one to get to.

It lies on Peoples Square on basement level.

Address : 沃尔玛, 观山湖区 金阳北路 Guan shan hu qu jin yang bei lu

He Li Supermarket Bai Yun Area 白云区合力超市

Anything but SUPER, but closely located to the school and you can still get the essentials here, also fresh fruit and vegetables.

Yong Hui Supermarket Guanshanhu Area 观山湖区永辉超市(inside of 金源购物中心 Jin Yuan Gou Wu Zhong Xin, a massive complex with everything basically)

Similar to He Li Supermarket, but possibly more modern and slightly expensive.

Clothes and other articles:

Shopping complexes with all sorts.

金源购物中心 Jin Yuan Gou Wu Zhong Xin

喷水池 Pan Shui Chi

大南门 Da Nan Men

Medical matters

Being sick, having a stomachache or a cold is never fun, especially in a new environment. Of course we hope that you will not need this page, we still will provide you with as much information as possible on the matter.

Going to the hospital is not considered a serious thing in China, some people go even if they just have the flu, so don't be scared if suggested to do so. Although going alone might be a challenge, so taking one of the Chinese staff members is advised, as it will make the process a lot easier. There are many pharmacies and hospitals around the city.

Below you will find the listed hospitals that we suggest using if such a situation occurs. A very

common thing in china is having a drip, when sick, most hospitals will suggest this, I would recommend this over any medicine that they want you to buy as the medicine in hospitals is three times the price than in the pharmacies.

Pharmacy 药房 **yaofang**

Headache 头痛 **tou tong**

Stomachache 肚子痛 **duzi tong**

Flu 感冒 (了) **gan mao le**

Injured(Through a sporting activity) 受伤 **shou shang**

Have a drip 调水 or 打点滴 **diao shui\da dian di**

Chinese Pharmacies:

金源购物中心 Jin Yuan Gou Wu Zhong Xin, once again for basically anything, this place seems to have it ,or around it there will be more than one pharmacy, it is hard to find heavy western medicine, but your regular aspirin 阿司匹林 **A si pi lin** , should not be a problem.

Watsons 屈臣氏 Qu Chen Shi

Watsons is a western pharmacy chain, definitely a life saver ,same address as above.
Has most of the basic things, is getting better and better.

Hospitals:

Closest: 金阳医院 Jin Yang Yi Yuan (for most cases)

Address:Guan shan hu District Jinyang South Road

Tel: 0851-87993821

Best: 医学院 省医 Yi Xue Yuan , Sheng Yi (for serious cases)

Name of Insurance: AETNA

Designated Hospital in Guiyang:Guizhou Provincial People's Hospital Cadre Medical Section

Hospital Address:No.83 Zhongshandonglu,Guiyang,Guizhou,China

Appointment Outpatient Service: 4008811269 (You have to make appointment 1or two weekdays in advance.If you ask your Insurance Company to make appointments for you, you can get direct

reimbursement.)

If you need emergency treatment, you can go direct to the hospital. Keep the invoice, medical record, payment lists and mail them to the Insurance Company in Shanghai.

Company Name: AETNA (Shanghai) Enterprise Services Co. Ltd

Mail Address: Room 1302, No. 18, Gangluguangchang, Xizangzhonglu,
Huangpu District, Shanghai, China

Postcode: 200001

Service Hotline: 4008811269



Guizhou People's Hospital has 2000 beds, which has Guizhou Provincial Cardiovascular Disease Hospital (Guizhou Provincial Institute of cardiovascular disease), Respiratory Research Department of orthopedics hospital, province, province people's hospital nursing school, hearing rehabilitation center, provincial clinical inspection center. The surgery building was completed in 2007, 22 storey, a total construction area of 44000 square meters, is equipped with the modern top grade operation room and intensive care unit (ICU), logistics automation transmission system, central air conditioning, air purification system. Research building of 65000 square meters of outpatient and emergency department is in the process of construction.



"Show your card, you can directly enjoy 'all-in-one' star-service . During hospitalization, medical personnel provide the humanized service warmly and thoughtfully, letting you feel very comfortable."



Guizhou People's Hospital has 40 clinical departments and 40 medical departments, clinics. Department of Cardiology, cardiac surgery, Department of internal medicine, Department of general surgery, Department of hepatobiliary surgery, Department of anesthesia, pediatric department of internal medicine, Department of Urology and gynecology is the key section.

Basic and Useful Chinese Phrases

A great website for English/Mandarin Translation and Phrases
www.nciku.com

As you might have heard or read, Chinese language(Mandarin in this case) can be quite overwhelming, we have therefore put together a small manual on the most important and useful phrases that we could think of, we hope that it is of help to you and that you will find it to be an interesting read.

Everyday basics:

I 我 **wǒ**

He 他 **Tā**

She 她 **tā**

We) 我们 **wǒmen**

They [masculine or mixed group] 他们 **tāmen**

It 它 **tā**

You [plural] 你们 **nǐmen**

You [informal/formal] 你/您 **nǐ/nín**

Master 师傅 **shi fu** Frequently used (often used to refer to taxi drivers ,security guards and such professions,also if you dont know someones name its a good way to call them,can aslo mean master in some situations)

Aunt 阿姨 **A yi** (Same as the one above except used for female,but only slightly older or married women,can also mean aunt)

You're welcome 不用谢 **búyòngxiè**

Maybe 可能 **kěnéng**

Please In Chinese, you would rarely use 请 (please) by itself. It is usually used as part of a question or request. 请 **qǐng**

Thank you 谢谢 **xièxie**

I appreciate it 非常感谢 **fēicháng gǎnxiè.**

I don't understand. 我不懂 **wǒ bù dǒng.**

I speak English 我说英文 **wǒ shuō yīngwén.**

I am a teacher at CCSC 我是中加学校的老师 **wo shi zhongjia xuexiao de lao shi**

Where are you from? (You will hear it quite a few times) 你来自哪里，你是哪里人，你是哪个国家的， **ni laizi nali, ni shi nali ren, ni shi nage guojia de** (means the same but different ways of asking)

I am from Canada 我来自加拿大 **wo laizi jia na da**

What's your phone number? 你的电话号码是多少? **ni de dianhua haoma shi duoshao?**

My phone number is ... 我号码是 **wo haoma shi**

I am at ... 我在 **wo zai**

Classroom 教室 **jiaoshi**

Office 办公室 **ban gong shi**

I do not speak Chinese well 我的中文说得不好 **wǒ de zhōngwén shuōde bùhǎo.**

I am lost. 我迷路了 **wǒ mílù le.**

I am looking for a hotel. 我在找酒店 **wǒ zài zhǎo jiǔdiàn.**

Yes, I know. 对, 我知道 **duì, wǒ zhīdào.**

I am sorry. I don't know. 对不起。我不知道 **duìbuqǐ. wǒbùzhīdào.**

I don't know where it is. 我不知道在哪儿 **wǒ bù zhīdào zài nǎr.**

Can you repeat, please? 请你再说一遍, 好吗 **qǐng nǐ zài shuō yíbiàn, hǎoma?**

How much is it? 多少钱? **Duo shao qian? EX: 5 RMB 五块钱 wu kuai qian**

1 一 **Yi**

2 二 **Er**

3 三 **San**

4 四 **Si**

5 五 **Wu**

6 六 **Liu**

7 七 **Qi**

8 八 **Ba**

9 九 **Jiu**

10 十 **Shi**

Taxi vocab:

Going anywhere by taxi : qing song wo dao请送我到 (Please take me to :)

Dao 到 ... Can also be enough to get by, a shortened version

Turn (left/right) 往 **Wang**

Left 左 **Zuo**

Right 右 **You**

Stop here, please 在这停下 **Zai Zhe Ting Xia**

A lot of Chinese places have "gates", like universities, schools, parks, etc.

North 北 **Bei**

South 南 **Nan**

West 西 **Nan**

Dong 东 **East**

Gate/Door 门 **Men**

GOING HOME:

qing song wo dao jin yang xin shi jie zhong jia xuexiao (Please take me to GCCSC, when in taxi) 请送我到金阳新世界中加学校

GOING to WALMART **qing song wo dao guan shan hu qu de wo er ma**

Please take me to Wal-Mart 请送我到观山湖区的沃尔玛

GOING TO KFC (in Jin Y Guanshanhu District)

Qing song wo dao shi ji jin yuan de ken de ji 请送我到世纪金源肯德基

GOING TO PIZZA HUT(in Jin Yang area, but a different part ,a 10 min taxi ride, called Shi Ji Cheng 世纪城)

A more detailed look into Chinese language

Basic greetings and norms

The most common ways to greet someone in Chinese are:

nǐ hǎo! (Hello/Hi!) 你好

zǎoshàng hǎo; ; zǎo (Good morning.) 早上好

These two ways to say "good morning" aren't actually very different, but they go somewhat in order of formality, from more formal to less formal.

xiàwǔ hǎo (Good afternoon.) 下午好

wǎnshàng hǎo (Good evening.) 晚上好

nǐ chī guò fàn le ma? (Have you had your meal?) 你吃过饭了吗

(This is a casual greeting between friends and coworkers ,it doesn't mean they are inviting you to dinner ,just a friendly way of saying hi and is very common during breakfast,lunch and dinner times.

In China, the standard greeting is usually accompanied by a hand shake. However, unlike the firm, quick Western handshake, the Chinese tend to shake hands lightly and for hold the handshake longer: even as long as ten seconds.

nǐ zěnmeyàng? (How is it going?) 你怎么样? (Not used that often)

zuìjìn zěnmeyàng? (How's it going lately?) 最近怎么样?

zuìjìn hǎoma? (How are you lately?) 最近好吗?

As you'd expect, when someone asks you how you're doing, there are many possible responses.

wǒ hěnhǎo, xièxie. (I'm doing great, thank you.) 我很好, 谢谢

wǒ bútàihǎo. (I'm not doing well.) 我不太好

In Chinese, as in English, you would only tell people you know reasonably well that you aren't well.

māmǎhūhū. (Just so-so) 马马虎虎

This phrase actually translates as "Horse horse tiger tiger." If you use this with your Chinese friends, they'll be impressed!

háixíng. (I'm okay) 还行

tǐnghǎode. (I'm fine, also means really good if asked about something) 挺好的

Saying good-bye

There are also many ways to say goodbye.

zàijiàn. (Goodbye.) 再见

míngtiān jiàn. (See you tomorrow.) 明天见

huítóu jiàn. (See you soon.) 回头见

zhù nǐ hǎoyùn! (Good luck!) 祝你好运

xiàge xīngqījiàn. (See you next week.) 下个星期见, or

gǎitiān zàiliáo. (Talk to you soon.) 改天再聊

mànzǒu. (Take care.) 慢走

Bai bai (Bye Bye, an expression brought in from English, only used with people you know) 拜拜

Although **mànzǒu** generally means "walk carefully" in Chinese, and is used when the other person is leaving the premises, you also can say **mànzǒu** 慢走 or **bǎozhòng** 保重 in Chinese for "take care" in English. Moreover, **bǎozhòng** is a little more formal and serious than **mànzǒu**.

If you wish to say you are sorry or apologize then just say: 不好意思 **bu hao yi si** or 对不起 **dui buqi**

Norms and Habits

The Do's and Don'ts

Do:

- ✓ Always toast with someone before drinking first if invited to dinner, it is very polite and will show respect and will be very welcomed. If a lot of people start with either the boss or the oldest person in the room. 我敬你 *wo jing ni*, (literal translation, I respect you) will be really appreciated and they will say the same thing over you in order to be even more respectful, also putting your glass lower than theirs shows respect, remember if they say 干杯 *gan bei*, it does not mean cheers, it means bottoms up, and they will expect you to. So if you are not much of a drinker you can always say 随意 *sui yi* (drink as much as you want), you don't have to empty the glass. Also some places they believe if the glasses touch a 干杯 *gan bei* is a must.
- ✓ Try to pick up the check, they most likely won't let you, but give it a go. Once again shows respect and friendliness.
- ✓ Be prepared for random people approaching to you and asking to practice their English.
- ✓ Be punctual. Most Chinese people are always on time.
- ✓ Fill your companion's tea cup when it's empty, especially if your companion is older than you (they drink a lot of tea).
- ✓ Eat what your host offers and orders, alcohol can be refused! But they will try to recommend you, in order to be a good host.
- ✓ Remove your shoes when entering a Chinese home, they will offer you slippers to wear inside
- ✓ Bargain, the merchant will sometimes start off with crazy prices so be prepared for a haggling session.
- ✓ Have your home address with you at all times, whether you are at school or travelling (staying in a hotel), it just makes life easier.

Don't:

- ✓ Leave your chopsticks upright in your bowl or tap your bowl with them
- ✓ Give clocks or books as gifts. The phrase 'to give a clock' in Mandarin sounds too much like 'attend a funeral' and 'giving a book' sounds like 'delivering defeat.'

- ✓ Greet by embracing or kissing, either on the cheeks or on the hands, unless you know the person really well
- ✓ Write on the business card unless you are told to do so
- ✓ Immediately put the card away in your pocket or bag. Hang on to it for a little while before putting it away

Financial Info and Banking Needs

You will be paid on the 25th of each month. That means your first cheque will be on September 25th, so you will need to plan your first month accordingly.

You will be given the option to send a portion of your pay to your Canadian bank.

As an example, the staff members in 2014/15 arranged to send 70% of their salary to their home

Bank and kept 30% of their salary in a Chinese account. Staff at the school will assist you in setting up your Chinese bank account.

In order to send a portion of your salary to your Canadian Bank, you will need to provide:

- 1) A Swift Clearing Code
- 2) Your Bank Transit #
- 3) Your Bank #
- 4) Your account number

You can get all of this information from branch of your bank. Be sure to bring it with you.

ATM machines are readily available, but it is important to know that your Canadian Debit Card

And/or your Canadian Credit Card will not be recognized at many machines and business

Establishments in China. This is especially true for the Canadian Credit Cards. It is normal practice to use your Chinese Debit Card or cash in most places.

Dear Canadian (Foreign Staff)

We here at GCCSC hope that this guidebook somehow will make your life enjoyable, as we have done as much research as we could in order to gain as much information about the local area so that you would feel safe, welcome and at home.

If you feel like we have left something out or you have any other enquiries, please do not hesitate to contact us.

A hearty warm welcome to GCCSC, we are looking forward to a great year of learning, teaching and embracing each other cultures.

Written by: Angel Quan

Edited by: Harry Zhang

